

# Newsletter

## Spotlight on Safety

National Safety Council

July 2013



# Newsletter

### About the National Safety Council:

The National Safety Council saves lives by preventing injuries and deaths at work, in homes and communities, and on the roads through leadership, research, education and advocacy. Visit us at [nsc.org](http://nsc.org) for up-to-date industry news, information and tools to take your safety program to the next level.



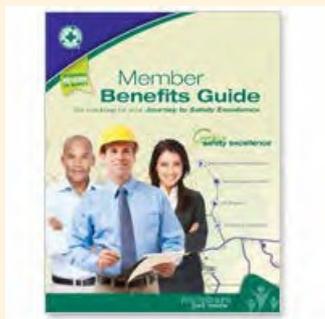
### NSC Safety Awards

Participation in the NSC Awards Program is the safe decision for your employees and the smart decision for your bottom line.

Safety awards from NSC instill employee pride; earn respect from your customers, community and peers; and place you one step ahead of your competition. [Learn more.](#)



**Learn about all the benefits available to you in our new Member Benefits Guide**



Welcome to *Spotlight on Safety*, an e-newsletter brought to you by the Department of the Interior Office of Occupational Safety and Health in partnership with the National Safety Council. We hope you will find this service of value. Send feedback or ideas on topics you would like to see to [membershipinfo@nsc.org](mailto:membershipinfo@nsc.org). Please put "Department of the Interior feedback" in the subject line.

### Safety talks

#### Biting and stinging insects: Don't let 'em bug you

Outdoor workers have enough to contend with besides bugs that bite and sting. For most people, bug bites cause temporary redness and pain. But for others, bites and stings may trigger a life-threatening emergency. Understanding the risks and basic treatment for bug bites and stings can help all outdoors workers deal with these pests.



Read the full article [here](#).

### Chemical Safety tips

Solvents are often used to dissolve grease, oils and paints, or to thin or mix pigments, paints, glues, pesticides and epoxy resins. You can be exposed to solvents in the workplace if you breathe them in, get them on your skin or swallow them.

According to The Center to Protect Worker's Rights based in Silver Spring, MD, here is what you can do to protect yourself:

- Read the labels and material safety data sheet for each solvent you use.
- Replace solvents when you can.
- Avoid contact with your skin.
- Try not to breathe solvents. Use the smallest container you can, and keep lids on paint or glue cans or degreasing units when not in use.
- Place rags with solvents on them in proper containers.
- Wash your hands before you smoke, eat or drink, and don't smoke, eat or drink where solvents are used.
- Make sure you have plenty of fresh air. You can't always smell solvents. If working indoors, use an exhaust fan to pull vapors away from you. Ideally, use one fan to pull vapors outdoors and a second fan to pull fresh air into the room.

### Safety Poster: Chemical Safety

Download and share this safety poster to remind your employees about the importance of chemical safety. Available in both Spanish and English.

Download English [Version](#).  
Download Spanish [Version](#).



### Webinar: Workers Compensation 101..

Click [here](#) to view this month's featured webinar: "How effective is your claim management program?"



You can access all members-only webinars by clicking [here](#).